

Orientation Head Start

new students newsletter



Student Connections

Welcome to our Spring Newsletter! As we gear up for the fast-approaching September, we're here to provide you with essential tips and tricks to make the most of the season. Whether you're diving into new classes or adjusting to the changing weather, you've got this. Let's dive in!

Dates and Deadlines to Note:

May 13-16

Plan Ahead sessions taking place at each campus

May 31

Application deadline for summer and completion awards

August 13

• Fee Payment Deadline for Fall 2024

Summer in the Okanagan - Top 5 Things to Do & See

- 1. Winery Tours DIY or hire a driver! There are over 180 wineries in the Okanagan Valley!
- 2. Hiking & Biking Lots of local trails for exploring on foot and with wheels.
- 3. Water Sports So many options! From swimming, water skiing, wakeboarding, wake surfing, jet skiing, parasailing, windsurfing, to paddle boarding and kayaking, the choices are endless.
- 4. Golf Get your game on at one of the many world class courses and enjoy BC's summer playground.
- 5. Birdwatching So many species, so little time. If you're an early riser, you're in luck as the best viewing period is between dawn and 11 a.m.

Stay safe and enjoy what the Okanagan has to offer while you prepare for the Fall Semester.

Why attend an Okanagan College Plan Ahead session?

We know students have questions about the transition to College and what to expect this fall. Plan Ahead has been designed to facilitate your entrance into college life. We'll guide you through the process of scheduling and registering for your classes, and introduce you to essential campus services. We're here to take the stress out of starting school and provide you with the support and information necessary to ensure your success in the upcoming semester!

Visit https://www.okanagan.bc.ca/plan-ahead for your campus schedule. Can't make an in-person session? We have virtual sessions! Register here: <u>Plan Ahead</u>



Prepare for the study munchies! The 10 Best Brain Food Snacks for Studying

- Air-popped popcorn
- Fruit salad
- Greek yogurt
- Frozen grapes
- Veggies (and hummus)
- Homemade trail mix
- Apples with peanut butter
- Crunchy roasted chickpeas



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