

Updated: October 9, 2020

QUARANTINE PLAN FOR INTERNATIONAL STUDENTS TRAVELLING TO CANADA

The 14-day quarantine plan is required by law under Canada's current travel restrictions.

This information is for all new and current Okanagan College students who are currently outside of Canada and planning to travel to Canada to study at Okanagan College. If you are making plans to come to Canada please let us know by emailing [Okanagan College International Education](#).

Pre-arrival planning

Step-by-Step: All steps must be completed prior to departing on with your travel and ideally 3-4 weeks in advance.

1. [Send an email](#) to OC International to notify us that you are indenting to travel to Canada.
2. OC will set up a virtual meeting to confirm your travel itinerary and review your quarantine plan.
3. When booking your flights to Canada, make sure you book a connecting flight to Kelowna (YLW).
4. Book and confirm your accommodation for your quarantine period.
5. Submit your [Quarantine Plan](#) to the Government of Canada.
6. Submit your [BC Self-Isolation Plan](#) to the BC Government (online form or downloadable PDF form).
7. Submit your [BC Self-Isolation Plan](#) via email to [OC International](#) Settlement and Support team.
8. Confirm you have medical insurance coverage.

New Students	Returning / Current Students:
Make sure you have your Guard-Me medical insurance with you. We will provide you with this information. You must apply for BC Medical Services Plan (MSP) as soon as you arrive in Canada.	Make sure your MSP coverage is active and valid.

Letter of Support

Okanagan College can issue letters of support to international students with an approved study permit planning to travel to Canada. First, students traveling to Canada must [send us an email](#) with a copy of your [BC Self-Isolation Plan](#). We will then send you the following:

New Students	Returning/Current Students:
<ul style="list-style-type: none">• Travel to Canada Letter of Support• Letter of Acceptance• Course registration history	<ul style="list-style-type: none">• Travel to Canada Letter of Support• Letter of Enrolment• Copy of unofficial transcript

Timing of travel to Canada

Okanagan College Winter 2021 semester classes begin on January 4, 2021. Because the College will be closed and most staff not working during the holiday period December 24, 2020 until January 3, 2021, the virtual orientation for new students will take place on December 16,17,18, 2020. Please ensure that you are available to participate online and not traveling on those dates.

For students currently studying and looking to arrive in the Fall 2020 semester, travel to Canada is not recommend mid-semester as this may be disruptive to your studies. Should you need to travel mid-semester, please make sure to book your trip outside of your scheduled class time.

Flights

When booking your flight to Canada, please make sure you book a connecting flight directly to Kelowna (YLW). It is much simpler, faster, and safer to fly directly to Kelowna, rather than flying to Vancouver and then travelling to Kelowna with a separate flight or other arrangements.

Arrival in Kelowna and quarantine requirements

Transportation to your quarantine location

Travel only by airport approved taxi from the Kelowna International Airport to your quarantine location ensuring physical distancing measure at all times and do not share rides with other travelers. For Homestay and Hotel quarantine, transportation will be arranged for you. Taxis at the airport are prepared to transport international travelers under isolation measures. Local Kelowna taxi companies include:

*Please record your taxi and driver information as we it may be collected for contact tracing.

- Kelowna Cabs 250-762-2222
- Current Taxi 250-864-8294
- West Cabs 778-754-8888

Accommodation for your 14-day quarantine

You will be required legally to check in to your individual room and remain there in quarantine for 14 days.

OC International will assist you with implementing your quarantine plan. To ensure your preferences, the best possible rates and availability, please let us know as early as possible in your planning.

Hotels:

We have arranged the best rates for your stay.

Hampton Inn and Suites by Hilton: this is a new hotel conveniently located near the Kelowna airport.

14-night minimum self- quarantine period stay including 3 meals per day:

- \$1,666 (\$119/night) + \$266 taxes (16%) = \$1,933
- This package includes accommodation, high-speed Internet access, along with breakfast, lunch, and dinner delivered to your room.
- Contact info: Hampton Inn & Suites by Hilton Kelowna Airport | [1665 Innovation Dr.](#), Kelowna, BC V1V 2Y9 | (250) 765-9042 | [External website](#)

Transportation from Kelowna airport (YLW) to the hotel is included.

Homestay:

OC International has a great network of Hosts families that can provide affordable accommodation to meet your needs. All fees must be paid in advance of placement and availability may be limited.

- **Short stay for 14-day self-quarantine period** including 3 meals per day and snacks.
Transportation to your homestay from the airport will be arranged and you will be placed in a home in your private bedroom with a separate bathroom.
The all included cost is \$1000 (Limited spaces available).
- **For those looking to live in Homestay longer term for the semester** (a minimum 2 months), regular rates apply for homestay (\$800 per month + placement fee \$200 = \$3400 for 1 semester) including 3 meals per day and the self-quarantine fee may be waived. Meals are still included. Contact homestay@okanagan.bc.ca for details and availability.
www.okanagan.bc.ca/homestay

What to expect during the quarantine period

- Pack enough clothes for 14 days because you will not have access to laundry facilities until after the isolation period
- Bring enough toiletries for 14 days
- Bring your own electronic devices (laptop, tablet, cellular phone, etc.) as you will not be permitted to leave your room for 14 days, except to seek medical assistance
- Expect a regular check in from the International Settlement and Support team to ensure that you are healthy and that you have everything you need and that you are adhering to your quarantine plan.
- If you feel unwell or exhibit COVID-19 symptoms, please call HealthLink BC at 811 for guidance, and notify your International Student Advisor immediately
- You will not be allowed to have any guests during the quarantine period
- Check-in within 48 hours of arrival through the ArriveCAN app or call 1-833-641-0343.

What to do if you become ill

- If you become ill, call 8-1-1 to talk to a nurse at Healthlink BC for advice on your symptoms and what you should do next.
- 8-1-1 has translation services in 130 languages
- You can also self-monitor your health using the BC COVID-19 App
- Contact your International [Student Settlement and Support](#) for additional support

Social supports

- check-in with the [International Student Liaison and Cultural Liaisons](#)
- You will have access to [Student Support Services at OC](#), including [Wellness and Counselling](#)

Online Delivery for Necessities and Groceries

Two popular super markets in Kelowna offer online shopping and deliveries. Both carry a wide variety of food and healthcare products.

- [Real Canadian Superstore](#)
- [Save On Foods](#)

Take-out meal delivery options

There are many options in Kelowna for take-out restaurant meals and delivery services.

- [Skip the Dishes](#)
- [DoorDash](#)

Questions

You can:

- Book an appointment with an International Student Settlement and Support staff member
- Have a live video chat with an International Student Advisor, International Student Immigration Advisor, or your International Student Recruiter

Use the [iCent app](#) to connect with us today!