7 Tips for Online Learning

1. Get Organized
   - Keep a calendar, weekly chart, or list of all course work.
   - Create a regular time to go onto the Moodle site to review updated assignments, grades, and related materials to support your learning.

2. Make Time and Space
   - Give yourself extra time to complete assignments.
   - Begin assignments early so that if issues come up, you have time to make an appointment with faculty/instructors to seek clarity on the assignment.
   - Identify and use a good study space.

3. Learn the Technology
   - Read course outlines for technology requirements.
   - Watch for faculty/instructor emails and notices on Moodle.
   - Participate in the orientation session for using the teaching platforms Zoom, Collaborate, and Moodle.
   - Contact the IT Helpdesk for assistance, as required.

4. Stay in Touch
   - Use your faculty/instructor’s virtual office hours, Moodle, or email to connect.
   - Use classroom discussion forums to build community with your classmates.

5. Get Help
   - Don’t wait until the last minute to reach out.
   - Read course materials carefully, and reach out to your faculty/instructor.
   - Learning virtual – connect with a classmate – form a virtual study group.
   - Contact student services at studentservices@okanagan.bc.ca

6. Avoid Multitasking
   - Multitasking may not be efficient when focusing on learning.

7. Take Breaks
   - Keep a calendar, weekly chart, or list of all course work.
   - Check out Athletics, Recreation and Student Life.
   - Exercise.