



## Okanagan College International Students Travelling to Canada

The following is a support document for all OC international students (new or returning) who are currently outside of Canada and who are planning to travel to Canada for the Fall 2020 semester.

Due to the COVID 19 Pandemic, the [Government of Canada](#) and [BC Government](#) have travel restrictions and requirements. Please check the government websites for the most up-to-date info.

### Required for Arrival in Canada

International students with a valid study permit approved on or before March 18, 2020 are considered eligible to travel to Canada. If you're travelling by air, you need to pass a health check conducted by an airline before you'll be allowed to board your flight. Anyone who shows symptoms of COVID-19 will not be allowed to enter Canada by air.

When you arrive in Canada, your health will be assessed before you leave the port of entry. You must have a plan to quarantine (self-isolate) for 14 days. This is mandatory, even if you have no symptoms. Complete the form on the next page to create your quarantine plan.

Quarantine means that you will:

- go directly to your place of quarantine, without stopping anywhere, and stay there for 14 days (do not go to school, work or other public areas or community settings)
- monitor your health for symptoms of COVID-19 – Carry a thermometer
- arrange to have someone pick up essentials like groceries or medication for you
- do not have visitors
- stay in a private place like your yard or balcony if you go outside for fresh air

After you arrive in Canada, Government officials may call you to monitor compliance with your mandatory quarantine. It requested that you answer calls from **1-855-906-5585** or **613-221-3100**. Spot checks may be conducted by the Government of Canada to verify compliance.

If you have non-medical question about COVID-19, please call 1-888-COVID19 to get access to support and resources from the provincial and federal governments. Service representatives can be reached seven days a week, from 7:30 am to 8:00 pm, and information is available in more than 110 languages.

If you have a medical concern during or after your quarantine period, call [Health Link BC](#) by dialing 811 to speak with a Medical Professional (604-215-8110 if 811 does not work from your phone).

### Booking Flights to Canada

When booking your flight to Canada, be sure to book a connecting flight directly to Kelowna International Airport (YLW). Travelling by land from other major airports such as Vancouver or Calgary or stopovers at these cities is not advised at this time.

### Quarantine Accommodations Arrangement

If you require assistance arranging accommodations for your quarantine plan, please contact Skye Chataway, Okanagan College Settlement and Support Services Coordinator at [schataway@okanagan.bc.ca](mailto:schataway@okanagan.bc.ca)

### Medical Insurance

New students are required to have [Guard.me](#) insurance covering the time when you leave your home country and through to the end of your first semester. Email us your flight itinerary to [intedmed@okanagan.bc.ca](mailto:intedmed@okanagan.bc.ca) and we will help you get enrolled.

General inquiries: [inted@okanagan.bc.ca](mailto:inted@okanagan.bc.ca) or call 250-862-5443 Monday to Friday 8:30am to 4:30pm



# Okanagan College Student Quarantine (Self-Isolation) Plan

Please download and fill out this form in Adobe Reader/Acrobat and use the Email Form button to send it.

## PRIMARY CONTACT INFORMATION

First Name	Last Name	Date of Birth (MM/DD/YYYY)
Phone Number	Email	Student ID#
Home Address	City	Country
Emergency Contact Name: _____ Relationship: _____ Phone Number: _____ Email: _____		

## TRAVEL INFORMATION

Arrival Date (MM/DD/YYYY)	Arrival By Air                  Land	Airline/Flight Number (if applicable)	Arrival From (City, Country)
Do You Have a Study Permit? Yes                  No                  If Yes → Issue Date: _____ Expiry Date: _____			

## SELF ISOLATION PLAN

Do you have accommodation arranged for your self-isolation period? Yes                  No	If Yes, which city will you be isolating in?
Indicate Type of Accommodation	Provide Address of Accommodation
Private Residence	Address
Staying with Family	Address
Campus Residence	Address 860 KLO Road, Kelowna, BC
Homestay Placement	Address
Commercial Accommodation (Hotel/Motel)	Hotel/Motel Name and Address
My meal plan for self-isolation period is: Prepared Meals - <a href="#">Skip the Dishes</a> or <a href="#">Door Dash</a> Groceries Delivered from <a href="#">Save On Foods</a> or <a href="#">Superstore</a> * A Combination of Both                  Family or Friend will deliver Meals/Groceries                  I am in Homestay (not applicable)	
* I am aware that basic necessities, toiletries and some healthcare products are also available for delivery through these options	
What form of transportation will you take to your self-isolation location? Taxi – <a href="#">Kelowna Cabs</a> 250-762-2222, <a href="#">Current Taxi</a> 250-864-8294, <a href="#">West Cabs</a> 778-754-8888 Personal Vehicle	

## CERTIFY DECLARATION

I certify this to be accurate	Signature: _____
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**NOTE:** You are required to have this document with you while you travel to Canada, and also must send the completed form to Okanagan College, International Education at [inted@okanagan.bc.ca](mailto:inted@okanagan.bc.ca).