

College hosting lecture

Sep 23
A30

Morning Star Staff

Okanagan College's Kalamalka campus is hosting the first of this year's Science in Society Speaker Series Oct. 8.

Dr. Jennifer Jakobi and Dr. Gareth Jones will speak about their research into the physiological mechanisms involved in aging at 7:30 p.m. in the main lecture theatre.

In particular, they will present evidence that regular exercise, which engenders fitness, is ultimately the best medicine for successful aging.

Jakobi and Jones are faculty members in human kinetics in the faculty of health and social development at UBC Okanagan.

Admission to this Science in Society event is \$5 in advance or \$7 at the door.

Advanced tickets can be purchased in person at the Okanagan Science Centre, or by phone at 250-545-3644.