

## NEWS

# More for runners in Campus-to-Campus Half Marathon

The year's first major Okanagan road race—Okanagan College's Campus-to-Campus race series—takes place March 28 in Kelowna.

The race, now in its eighth year, will offer run-

ners a half marathon, half marathon relay and a 10 km race. With a goal of increasing community, student and staff participation, the college offers races that vary in length and difficulty; from a 4

km relay to a 10 km race to a 21.1 km half marathon.

Also new this year is an out-and-back course beginning at the KLO Road campus of Okanagan College. The half

marathon takes runners along the Abbott corridor into City Park and turns around atop the first hill on Knox Mountain. Runners will make their way back along the waterfront to Gyro Beach, cross

Lakeshore at Richter and finish back at the KLO campus.

For new runners or those looking for a shorter distance, the relay race covers the same course as the half marathon and allows up to five runners to participate.

For the first time in its history, this year the Campus-to-Campus offers a flat and fast 10 km course on race day. The 10 km race will begin at 8 a.m. and take runners along the same first and last portions of the half marathon course but will turn around in City Park.

Prize money will be offered to the top three finishers in the male and female division of the half marathon. First place will receive \$250, second place \$150 and the third place finisher will receive \$100. Prizes will also be offered 10 km and relay portion winners.

"This year's Campus-to-Campus offers something for every kind of runner in our community," said Christine Ulmer, race director. "As much fun as it is to watch the elite runners battle it out for top spot in the half marathon, we are really looking forward to seeing runners of all levels take part in the 10 km and relay and are promoting a corporate challenge to community businesses that are committed to health, wellness and the spirit of competition."

Any non-runners wishing to be involved with the race can lend their time as race volunteers or course marshals.

"There's no experience necessary," said Ulmer, "just some common sense and a desire to help out. Course marshals do not direct traffic but momentarily stop cars to allow racers to pass."

To register, or find out more about the course and entry fee deadlines, visit: [www.okanagan.bc.ca/halfmarathon](http://www.okanagan.bc.ca/halfmarathon). To register offline, print an entry form from the above website and mail it or drop it off at Okanagan College c/o Public Affairs or Fresh Air Experience.

Students receive a \$5 discount.

All proceeds from the race will be donated to Okanagan College's campus recreation programs. Half marathon runners receive a long sleeve technical running shirt and a medal. Relay and 10 km participants will receive a T-shirt.

Volunteers will receive a race crew T-shirt. To volunteer, call Karma Lacoff at 250-762-5445 ext. 4657 or email [klacoff@okanagan.bc.ca](mailto:klacoff@okanagan.bc.ca).