

## News

# Skiers hit trails for a good cause

*Morning Star Staff*

Fun, fitness and fundraising are the objectives of the fifth annual Silver Star 7.5 Team Challenge.

The event, which runs Sunday at 11 a.m., is a fundraiser for the Vernon Jubilee Hospital Foundation and the Okanagan College Foundation's nordic racers scholarship fund.

"We've had tremendous support for this event and look forward to growing again this year," said Glenn Bond, nordic manager at Silver Star Mountain Resort.

In previous years, skiers could join a team to combine for a 7.5-kilometre ski, or do the whole distance themselves.

This year, participants will cross-country ski a maximum of 7.5 kilometres.

In addition, a two-kilometre kids component has been added.

"The idea is to appeal to all level of skiers. There's no pressure, it's a family fun event," said Bond.

There are prizes for the biggest team, best dressed, youngest skier, oldest skier, and top fundraiser.

Last year's event raised more than \$15,000.

"It's great to see people get dressed up in costumes and go out and enjoy some nordic skiing," said Bond.

"But the biggest bonus is the amount of money we raise for these worthy causes. It's great to see the community come out and throw their weight behind this."

Registration for the



TIM FITZGERALD/SILVER STAR

### Nordic skiers will participate in the Silver Star 7.5 Team Challenge Sunday.

Silver Star 7.5 is \$20 for adults and \$10 for kids 18 and under.

For more information about the Silver Star 7.5 or to download

a registration form, check out [www.silverstar75.ca](http://www.silverstar75.ca).