

Women's Institute bursary winner

Shelsey Walls was awarded the Oliver Women's Institute bursary of \$500. She is attending Okanagan College, in Kelowna, and training to work as an assistant in a lawyer's office.

A fire safety seminar was given by Bob Graham at the fire hall on Wednesday, October 1 for the members of the Oliver Women's Institute. Members brought their fire extinguishers to be checked, and also had instruction regarding the use of these important tools.

Fire extinguishers will help you get through a fire and get out, but do not last very long; shake them every month and renew them when needed. Smoke and fire detectors are very important. For a fire on top of the stove, smother it and turn off the burner. In the oven, turn off the stove. If your clothes are on fire, stop, drop and roll. In a house fire, get everyone out of the house and get a neighbour to call 911. Know your street address, and don't use a cell phone.

Oliver has 36 volunteer fire-fighters, six are officers. They all have basic first aid, and three have advanced training. Their health is checked every two years and recorded. Within the first 18 months of volunteering, they are sent to Vernon for three days training in all types of fires, detection and victim evacuation.

On arrival at a fire, the volunteers check for missing people, or those caught in the building before quenching the fire. Cause of death is usually from fumes, or partially burnt matter. When evacuating from a building, crawl out where there is less smoke, shut the doors and windows. When water turns to steam it expands enormously, and helps to put out fires. If firemen are traumatized they can receive counselling from a special service.

In other news, the quilt raffle will begin Thursday, October 16 in Oliver and will finish up on Friday, December 12. The fall workshop for members and friends of S.O.S. Women's Insti-



SHELSEY WALLS

tute District will be held on Saturday, October 18 in the United Church Hall in Okanagan Falls, at 9 a.m. There will be recipes for homemade personal care that can be created from items at home, apron making, amusing anecdotes from our B.C.W.I. History book, and a talk on home-delivery houses, made in Okanagan Falls. There are plans to celebrate the 100-year anniversary of British Columbia Women's Institute with a tea and a dramatization of the work over these past 100 years in February. Gaye Carter will be providing the refreshments.

Wednesday, November 5 is the date scheduled for the annual meeting, with reports, election of officers, membership renewal, and suggestions for our program for the upcoming year. For information contact Helen Overnes at 250-498-4705.

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