

Infusions is the name of a restaurant at 1000 KLO Road in Kelowna. It isn't publicised because they don't advertise. However, it's a treasure worth exploring.

Actually the restaurant is a "training" ground for aspiring chefs. It is the Culinary Arts Department of Okanagan College's window on the world. But you don't just have to look in the window. You can go for lunch

and dinner and every other month there is a delightful buffet.

The students are rotated, so some may be at the beginning of their training, others in the middle, and others about to graduate. (So you don't have to worry about being a "guinea pig". Everyone might be "training" but there are trained chefs overseeing what's being done!)

The result is you can dine out at superbly low prices.

Dining Out... Kelowna's Best Kept Secret?

~ APPETIZERS ~

Seafood Sampler

*House Smoked Wild Coho Tartar,
Marinated Seared Rare Ahi Tuna,
Prosciutto Wrapped Prawn*

Oven Dried Tomato & Roasted Red Pepper Tarte Tatin

~ SOUPS & SALADS ~

Soup Du Jour

Classic Caesar Salad

Infusions Salad: *Baby Lettuce,
Avocado, Feta Cheese, Baby Shrimp &
Warm Garlic Potatoes*
Arugula & Frizee Salad
With Pears & Blue Cheese

~ ENTREES ~

Beef Tenderloin

*(with Jack Daniels & Wild Mushrooms
- Add \$5.00)*

Mixed Grill: *with Quail, Duck Sausage
& Espresso Dusted Venison.
(Honey, Thyme, Balsamic & Caramelized
Onion Jus - Add \$3.00)*

Lamb Rack

*(with a Sesame Crust & Ginger Hoisin
Demi-glaze - Add \$7.00)*

Oven Roasted Chicken Breast
with Prosciutto & Boconccini Filling

Scallop & Prawn Risotto

~ DESSERTS ~

Daily Souffle with Complementary Sauces

**Chocolate Pate
Sweet Potato & White Chocolate
Cheesecake**

2 COURSE ~ \$16.95

3 COURSE ~ \$18.95

4 COURSE ~ \$22.95

(GST NOT INCLUDED)

~ **Infusions Restaurant** ~

Lunch Buffet, Monday to Friday, 11:30am - 1:00pm
\$9.95 plus tax and beverage

Buffet Nights: Dec. 14/07; Feb. 22/08; April 25/08

Tickets: \$14.95 plus tax and beverage
(advance tickets required.)

Dinner: Tuesday to Friday, 5:30pm to 9:00pm

Banquets: Available for groups of 10 to 200.

Call 762-5445, ext. 4426 for information