



# Campus to Campus

8th Annual **1/2 Marathon Entry Form**

8:15 am Start, Sunday, March 28, 2010, Okanagan College

Last Name (family name)		First Name		Student Number if applicable	
Technical Longsleeve T-shirt Size (unisex sizing) <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> XLarge		E-Mail Address			
Telephone (   ) (   )		City			
Gender <input type="checkbox"/> Male <input type="checkbox"/> Female		Date of Birth		day   month   year <input type="text"/>   <input type="text"/>   <input type="text"/>   <input type="text"/>   <input type="text"/>   <input type="text"/>	
Medical Information					
Emergency Contact: Name _____ Telephone (   ) _____					

**Entry Fee and Payment: No Refunds Cash and Cheques (payable to Okanagan College)**  
 Online payments may be made at [www.okanagan.bc.ca/halfmarathon](http://www.okanagan.bc.ca/halfmarathon)

Early Bird: up to February 28, 2010: \$45    March 1 to March 14: \$50    March 15 to March 28 (Race Day): \$65  
 Students are eligible for a \$5 discount (please include student number in field at top of page)  
 BC Athletics "Athlete" Members deduct \$3. (Does not apply to "non-athlete or "supporting members.) # \_\_\_\_\_  
 Please note: shirts are not guaranteed after March 14

*Entry forms and Fees can be dropped off at*

- Fresh Air Experience 18-2070 Harvey Ave., Kelowna
- Okanagan College Kelowna Campus Co-op Office (Student Services Building) - 1000 KLO Road
- Okanagan College Penticton Campus, 583 Duncan Ave.
- Okanagan College Salmon Arm Campus 2552 Trans Canada Hwy NE
- Okanagan College Vernon Campus, 7000 College Way

Entry Forms and Fees (credit card and cheques only) can be mailed to: Public Affairs Bureau, Okanagan College, 1000 KLO Road, Kelowna, BC V1Y4X8

Number of Previous 1/2 Marathons: \_\_\_\_\_  
 Personal Best: \_\_\_\_\_ Race \_\_\_\_\_  
 Predicted Time for Campus to Campus: \_\_\_\_\_

Other Information: Please share any other interesting info about yourself or your running history:

Waiver: In consideration of Okanagan College, the City of Kelowna, Event Sponsors, Volunteers and Organizers accepting this entry, I hereby for myself, my heirs, executors and administrator, waive and release any and all right and claim for damages sustained by me as a result of this run, for any cause whatsoever, including negligence. It is expressly understood by the undersigned that this run is entered into at the sole risk of the undersigned and that the Organizers and Sponsors of the run are exempt from liability for any and all damages sustained and any and all injury and loss, including personal and property loss arising from any cause whatsoever, including negligence. This 1/2 marathon is a serious event for which all athletes should be properly prepared and athletes under the age of 19 should not be encouraged to participate.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 (Signature of parent or guardian is required if runner is under 19 years of age.)

**OFFICE USE ONLY**  
 paid   Race Number \_\_\_\_\_ Entered \_\_\_\_\_ (initial)

**Credit Card Payment Authorization:**  
 Visa    MasterCard   Card # \_\_\_\_\_ Expiry Date: Mo. \_\_\_\_\_ Yr. \_\_\_\_\_  
 Card Holders Signature \_\_\_\_\_ Card Holders Name (Please Print) \_\_\_\_\_



# Campus to Campus

8th Annual 1/2 Marathon

## General Information

Race Package Pickup: Race numbers and shirts can be picked up at Okanagan College, Centre for Learning (E building) 11 am to 2 pm on Saturday, March 27, or right before the race on Sunday.

### ***On the Day of the Race:***

The Campus to Campus is an out-and-back race starting and finishing at the Okanagan College campus in Kelowna (1000 KLO Road). The course takes runners from the campus along Abbott Street, through City Park and makes its way through the North end of Kelowna with a turnaround atop Knox Mountain. Runners will return to the campus via Abbott Street to Gyro Beach and back along Casorso Road to the campus. Please visit the website: [www.okanagan.bc.ca/halfmarathon](http://www.okanagan.bc.ca/halfmarathon) for an updated map of the course.

Parking is free at Okanagan College. Dry strip can be dropped off at the Centre for Learning (E building) prior to the race. Post-race pickup will also be in the Centre for Learning atrium.

**Race Starting Time:** 8:15 am, Sunday, March 28, 2010, Okanagan College Centre for Learning building

**During the Race:** There will be five water and sport drink stations at the following locations:

Five water stations will be provided at the following locations:

1. 3.5 Km at the end of Lake Ave.
2. 7.5 Km on Oxford Ave. between Kingsway and Richter
3. 12 Km at the bottom of Knox Mt.
4. 15.5 Km at the end of Lake Ave. (same as station #1)
5. 19 Km at the entrance to Gyro Park

Each water station will have a portable washroom. There are no road closures on the course -all runners must run on the sidewalk or edge of the road. Route support is provided by the Gold Wing Road Riders Association, Chapter BC-K and the Orchard City Amateur Radio club. They are there for your safety. Food and Refreshments will be served in the Centre for Learning at Okanagan College.

**Awards:** Cash prizes for overall Male and Female winners will be awarded; first \$250, second \$150, third \$100. Special medals will be awarded to the top three in each age group.

**Age groups:** under 19 to 24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+

***Entry forms are available online at [www.okanagan.bc.ca/halfmarathon](http://www.okanagan.bc.ca/halfmarathon) or at the following locations:***

Fresh Air Experience or any Okanagan College campus (Kelowna, Vernon, Salmon Arm and Penticton)

***Entry forms and fees can be dropped off at any of the locations above or mailed to the Public Affairs Bureau, Okanagan College, 1000 KLO Road, Kelowna, BC V1Y 4X8 -***

***Please makes cheques payable to Okanagan College.***

For more information contact our race directors:

Christine Ulmer entertainment, public relations and media at [culmer@okanagan.bc.ca](mailto:culmer@okanagan.bc.ca)

Karma Lacroff volunteers at [klacoff@okanagan.bc.ca](mailto:klacoff@okanagan.bc.ca)

Randy Werger course route at [rwerger@okanagan.bc.ca](mailto:rwerger@okanagan.bc.ca)

Money raised through this event will be donated to Campus Recreation at Okanagan College.

