



# APA CITATION STYLE

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The examples in this guide cover frequently used citation forms only. For more detailed information refer to the *Publication Manual of the American Psychological Association* (6th ed.), (BF 76.7 .P83 2009) and to the APA Style blog at <http://blog.apastyle.org/>.

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## GENERAL RULES

- Double-space your paper, including the reference list.
- Format reference list entries with a hanging indent (.5 inch or 1.27 cm). To do this in Microsoft Word: Select references, right click, select paragraph, and then change the Special drop down menu to hanging. See example on page 6 of this guide.
- Arrange reference list entries in alphabetical order by the surname of the first author or by title if there is no author.
- Use only the initial(s) of the author's first name and middle name (if given).
- If the reference list includes two or more entries by the same author(s), list them in chronological order (oldest first).
- Capitalize only the first letter of the first word in the title and subtitle of an article or book. Capitalize all proper nouns. For journal titles, capitalize all significant words.
- *Italicize* journal titles and volume numbers. Do not italicize issue numbers. *Italicize* book titles.
- References cited in text must appear in the reference list and vice versa. The only exceptions to this rule are personal communications and secondary sources, which are cited in text only and are not included in the reference list. See examples 7 & 10 on page 7 of this guide.
- Any republished tables, graphs, or figures (including photographs and illustrations) must be clearly marked as reprinted or adapted, and the original source must be provided both in the text and in a full reference list entry. Please see the [APA Citation Guide for Business Sources](#) for more information.
- If you are unable to identify a specific example, follow an example that is most like your source.
- A DOI (Digital Object Identifier) is a unique string of numbers and letters applied to content. DOIs are typically on the first page of a journal article or are included in a database's article information. If there is no DOI, use the journal's home page instead.

**Are you a business student?** Check out the [APA Citation Guide for Business Sources](#) for how to cite Annual Report, Hoover's Report, Marketline Reports and more.

## EXAMPLES OF REFERENCE LIST ENTRIES AND CITATIONS IN TEXT

The following examples of reference list entries are single-spaced to conserve paper. The reference list should be double-spaced, as in the sample reference list on page 8 of this guide.

## MODEL REFERENCE LIST ENTRIES AND CITATIONS IN TEXT

TYPE OF SOURCE	REFERENCE LIST	CITATIONS IN TEXT
<b>Journal Article</b> 2 authors Found online with DOI or with no DOI  Comments:	Author, A. A., & Author, B. B. (Year). Title of article: Subtitle of article. <i>Title of Journal, volume</i> (issue), page numbers. <a href="http://doi.org/xxx">http://doi.org/xxx</a> OR Retrieved from <a href="http://journal_home_page">http://journal_home_page</a>  <ul style="list-style-type: none"> <li>• There are three DOI formats, any one is correct:                             <ul style="list-style-type: none"> <li>○ <a href="http://doi.org/10.1037/rmh0000008">http://doi.org/10.1037/rmh0000008</a></li> <li>○ doi:10.1037/rmh0000008 or</li> <li>○ <a href="http://dx.doi.org/10.1037/rmh0000008">http://dx.doi.org/10.1037/rmh0000008</a></li> </ul> </li> </ul>	(Author & Author, Year)
<b>Article or chapter in an edited book</b>	Author, A. A. (year). Title of chapter or essay in book. In D. Editor, E. Editor, & F. Editor (Eds.), <i>Title of book</i> (pp. essay page range in book). City of publication, abbreviated State/Prov: Publisher Name.	(Author, Year)
<b>Book</b>	Author, A. (year). <i>Book title: Book subtitle</i> . City of publication, abbreviated State/Prov: Publisher Name.	(Author, Year)
<b>Webpage</b>	Author, A. (year). Title of webpage. Retrieved from <a href="http://xxxx">http://xxxx</a>	(Author, Year)

### QUOTATION EXAMPLES

**From sources with page numbers:**

COMMENTS	CITATIONS IN TEXT
When citing direct quotations (word for word), include the page number of the quote.	Stereotypes have been defined as “generalized and usually value-laden impressions that one social group uses in characterizing members of another group” (Lindgren, 2001, p. 1617).

**From electronic sources without page numbers:**

COMMENTS	CITATIONS IN TEXT
Use the paragraph number, preceded by the abbreviation para. If the paragraph number is not visible, cite the heading of the section being quoted and the paragraph number following it.	<ul style="list-style-type: none"> <li>• (Hutson, 2009, para. 5).</li> <li>• (Shors &amp; Horvath, 2001, Conclusions and Future Directions, para. 3).</li> </ul>

### EXAMPLES

TYPE OF SOURCE	REFERENCE LIST	CITATIONS IN TEXT
<b>Journal article</b> 1 author With DOI <b>(Example #1 on p. 198 of Manual)</b>	Manouselis, N. (2008). Deploying and evaluating multi-attribute product recommendation in e-markets. <i>International Journal of Management &amp; Decision Making, 9</i> , 43-61. <a href="http://doi.org/10.1504/IJMDM.2008.016041">http://doi.org/10.1504/IJMDM.2008.016041</a>	(Manouselis, 2008)
<b>Print Journal article</b> 2 authors Paginated by issue <b>(p. 199, #3)</b>	Noonan, J. R., & Johnson, R. K. (2002). The misuse of the diagnosis of bipolar disorder in the forensic context. <i>American Journal of Forensic Psychology, 20</i> (3), 5-19.	(Noonan & Johnson, 2002)

TYPE OF SOURCE	REFERENCE LIST	CITATIONS IN TEXT
<b>Journal article</b> Found Online No DOI (p. 199, #3)	Crystal, J. D., & Foote, A. L. (2009). Metacognition in animals. <i>Comparative Cognition &amp; Behavior Reviews</i> , 4, 1-16. Retrieved from <a href="http://psyc.queensu.ca/ccbr">http://psyc.queensu.ca/ccbr</a>	(Crystal & Foote, 2009)
<b>Electronic journal article</b> No page numbers  Comments:	Auer, M. M., & Griffiths, M. D. (2015). Testing normative and self-appraisal feedback in an online slot-machine pop-up in a real-world setting. <i>Frontiers in Psychology</i> , 6. <a href="http://doi.org/10.3389/fpsyg.2015.00339">http://doi.org/10.3389/fpsyg.2015.00339</a>  <ul style="list-style-type: none"> <li>When an article has no page numbers, leave out from the reference.</li> </ul>	(Auer & Griffiths, 2015)
<b>Journal article</b> 3-5 authors Retrieved from database No DOI (p. 199, #3) Comments:	Pearce, C. L., Wassenaar, C. L., & Manz, C. C. (2014). Is shared leadership the key to responsible leadership? <i>Academy of Management Perspectives</i> , 28, 275-288. Retrieved from <a href="http://aom.org/amp/">http://aom.org/amp/</a>  <ul style="list-style-type: none"> <li>If there is no DOI for an article from a library database or OCTopus, include the journal's home page URL, not the URL of the database record in the address bar. You can often find this by Googling the journal title.</li> <li>If each issue of a journal begins on page 1, give the issue number in parentheses immediately after the volume number. If there is continuous pagination, do not include the issue number.</li> </ul>	<b>First citation:</b> (Pearce, Wassenaar, & Manz, 2014)  <b>Subsequent citations:</b> (Pearce et al., 2014)
<b>Journal article</b> 6 or 7 authors With DOI (p. 198, #1)	Cummings, E., Schermerhorn, A., Merrilees, C., Goekemorey, M., Shirlow, P., & Cairns, E. (2010). Political violence and child adjustment in Northern Ireland: Testing pathways in a social-ecological model including single-and two-parent families. <i>Developmental Psychology</i> , 46, 827-841. <a href="http://doi.org/10.1037/a0019668">http://doi.org/10.1037/a0019668</a>	(Cummings et al., 2000)
<b>Journal article</b> 8 or more authors With DOI (p. 198, #2)	Lavoie, M. P., Lam, R. W., Bouchard, G., Sasseville, A., Charron, M. C., Gagné, A. M., ... Hébert, M. (2009). Evidence of a biological effect of light therapy on the retina of patients with seasonal affective disorder. <i>Biological Psychiatry</i> , 66, 253-258. <a href="http://doi.org/10.1016/j.biopsych.2008.11.020">http://doi.org/10.1016/j.biopsych.2008.11.020</a>	(Lavoie et al., 2009)
<b>Magazine article</b> Print (p. 200, #7)	Padgett, T., & Grillo, I. (2008, August 25). Cocaine capital. <i>Time</i> , 172(8), 28-30.	(Padgett & Grillo, 2008)
<b>Magazine article</b> Online (p. 200, #8)	Hutson, B. (2009, August). A unique consumer market. <i>Black Enterprise</i> , 40(1), 52. Retrieved from <a href="http://www.blackenterprise.com">http://www.blackenterprise.com</a>	(Hutson, 2009)

TYPE OF SOURCE	REFERENCE LIST	CITATIONS IN TEXT
<b>Newspaper article</b> No author Discontinuous pages <b>(p. 200, #10)</b>	Scientists say music manipulates shoppers. (2000, September 14). <i>The Ottawa Citizen</i> , pp. A1, A20.	(“Scientists say,” 2000)
<b>Newspaper article</b> Online <b>(p. 200, #11)</b>	Taylor, P. (2009, October 22). Study finds recession can be good for your health. <i>The Globe and Mail</i> . Retrieved from <a href="http://www.theglobeandmail.com">http://www.theglobeandmail.com</a>	(Taylor, 2009)
<b>Book</b> Print <b>(p. 203, #18)</b>  Comments <b>(p. 187)</b> :	Heschl, A. (2001). <i>The intelligent genome: On the origin of the human mind by mutation and selection</i> . New York, NY: Springer-Verlag.  <ul style="list-style-type: none"> <li>• If two or more locations are given for the publisher, use the location given first.</li> <li>• Write out associations, corporations and universities but omit extra terms such as Publishers, Co. and Inc.</li> <li>• Abbreviate State/Provinces using the two letter postal abbreviation. Outside of US and Canada spell out the city and country names.</li> </ul>	(Heschl, 2001)
<b>Book</b> Group author Author as publisher Edition other than 1 <sup>st</sup> <b>(p. 203, #18)</b>	American Psychological Association. (2009). <i>Publication manual of the American Psychological Association</i> (6 <sup>th</sup> ed.). Washington, DC: Author.	<b>First citation:</b> (American Psychological Association [APA], 2009) <b>Subsequent citations:</b> (APA, 2009)
<b>Edited book</b> Print <b>(p. 202, section 7.02)</b>	Lenzenweger, M. F., & Hooley, J. M. (Eds.). (2002). <i>Principles of experimental psychopathology: Essays in honor of Brendan A. Maher</i> . Washington, DC: American Psychological Association.	(Lenzenweger & Hooley, 2002)
<b>Article or chapter in an edited book</b> Print <b>(p. 204, #25)</b>	Rasmusson, A. M., & Friedman, M. J. (2002). Gender issues in the neurobiology of PTSD. In R. Kimerling, P. Ouimette, & J. Wolfe (Eds.), <i>Gender and PTSD</i> (pp. 43-75). New York, NY: The Guilford Press.	(Rasmusson & Friedman, 2002)
<b>Electronic version of a print book</b> Retrieved from database, no DOI <b>(p. 203, #19)</b>	Worell, J., & Goodheart, C. D. (2006). <i>Handbook of girls' and women's psychological health</i> . Retrieved from <a href="http://www.ebscohost.com">http://www.ebscohost.com</a>  <ul style="list-style-type: none"> <li>• If the book is retrieved from Google Books, follow the same format as above, but use the full URL of the source found on the open web</li> </ul>	(Worell & Goodheart, 2005)
<b>Electronic version of a print book</b> Retrieved from database, with DOI <b>(p. 203, #19)</b>	Duhon, T. (2012). <i>How the trading floor really works</i> . <a href="http://doi.org/10.1002/9781118532157">http://doi.org/10.1002/9781118532157</a>	(Duhon, 2012)
<b>Encyclopedia article</b> Online <b>(p. 205, #29)</b>	Cohen, T. R. (2010). Conflict resolution. In <i>Corsini encyclopedia of psychology</i> . <a href="http://doi.org/10.1002/9780470479216.corpsy0219">http://doi.org/10.1002/9780470479216.corpsy0219</a>	(Cohen, 2010)

TYPE OF SOURCE	REFERENCE LIST	CITATIONS IN TEXT
<b>Dictionary definition</b> Online, No date (p. 205, #30)	Materialism. (n.d.). In <i>Oxford English dictionary</i> . Retrieved from <a href="http://dictionary.oed.com">http://dictionary.oed.com</a>	(Materialism, n.d.)
<b>Data table</b> Online From Statistics Canada	Statistics Canada. (n.d.). <i>Table 358-0146 Federal personnel engaged in science and technology activities, by type of science and personnel category, annual (table)</i> , CANSIM (database). Last updated May 28, 2015. <a href="http://www5.statcan.gc.ca/cansim/a26?lang=eng&amp;retrLang=eng&amp;id=3580146&amp;tabMode=dataTable&amp;srchLan=-1&amp;p1=-1&amp;p2=9">Http://www5.statcan.gc.ca/cansim/a26?lang=eng&amp;retrLang=eng&amp;id=3580146&amp;tabMode=dataTable&amp;srchLan=-1&amp;p1=-1&amp;p2=9</a> (accessed June 13, 2015).	(Statistics Canada, n.d.)
<b>Lecture Notes</b> Moodle (p.213, #66; p.212, #61)  Comments:	Rempel, K. (2007). <i>Chapter ten: Motivating and rewarding employees</i> . [PowerPoint slides]. Retrieved from <a href="https://mymoodle.okanagan.bc.ca/">https://mymoodle.okanagan.bc.ca/</a> <ul style="list-style-type: none"><li>The square brackets should indicate the file format of the content (e.g. Word document, PDF, etc.).</li></ul>	(Rempel, 2007)
<b>Article or Chapter in a Course Pack</b>  Comments:	Gordon, B. (2005). Kate Bush's subversive shoes. <i>Women and Music: A Journal of Gender and Culture</i> , 9, (37-50).  <ul style="list-style-type: none"><li>When citing content from a course pack, cite the information as if from the original source. There is no need to include information about the course pack.</li></ul>	(Gordon, 2005)
<b>Lab Manual</b>	Department of Chemistry. (2016). <i>Chemistry 121 lab manual A</i> . Okanagan College, Kelowna, Canada.	(Department of Chemistry, 2016)
<b>Legislation</b> Revised Statutes of BC	<i>Family Relations Act</i> , RSBC 1996, c 128.	<i>(Family Relations Act, 1996)</i>
<b>Case law</b> Neutral citation	<i>R. v. Latimer</i> (2001), SCC 1.	<i>(R. v. Latimer, 2001, para. 20)</i>
<b>Case law</b> Retrieved from QuickLaw	<i>R. v. Latimer</i> (2001), SCJ no 1 (QL).	<i>(R. v. Latimer, 2001, para. 20)</i>
<b>Case law</b> Retrieved from CanLII	<i>R. v. Latimer</i> (2001), [2001] 1 SCR 3, 2001 SCC 1 (CanLII).	<i>(R. v. Latimer, 2001, para. 20)</i>
<b>Technical or Research Report</b> Retrieved from database, no DOI (p. 205, section 7.03)	Canada's Public Policy Forum. (2014). <i>Northern connections: Broadband and Canada's digital divide: Final report</i> . Retrieved from <a href="http://www.canadianelectroniclibrary.ca/">http://www.canadianelectroniclibrary.ca/</a>	(Canada's Public Policy Forum, 2014)
<b>Report retrieved online</b> Author same as publisher (p. 205, #31)	Statistics Canada. (2010). <i>Labour force information</i> (Catalogue no. 71-001-X). Retrieved from <a href="http://www.statcan.gc.ca/pub/71-001-x/71-001-x2010006-eng.pdf">http://www.statcan.gc.ca/pub/71-001-x/71-001-x2010006-eng.pdf</a>	(Statistics Canada, 2010)
<b>Print report</b> Author same as publisher (p. 205, section 7.03)	Statistics Canada. (2015). <i>The impact of mental health problems on family members</i> . (Catalogue no. 82-624-X). Ottawa, ON: Author.	(Statistics Canada, 2015)

TYPE OF SOURCE	REFERENCE LIST	CITATIONS IN TEXT
<b>Report retrieved online</b> Author different than publisher <b>(p. 205, section 7.03; p. 206 #33)</b>	Marqui, S., Butler, M., Jospeh, R., & Ney, K. (2000). <i>Diabetes in British Columbia synthesis report</i> . Retrieved from British Columbia Ministry of Healthy Living and Sport website: <a href="http://www.hls.gov.bc.ca/publications/year/2000/diabetes_synthesis.pdf">http://www.hls.gov.bc.ca/publications/year/2000/diabetes_synthesis.pdf</a>	<b>First citation:</b> (Marqui, Butler, Jospeh, & Ney, 2000)  <b>Subsequent citations:</b> (Marqui et al., 2000)
<b>DSM-5</b> Print	<b>Entire text:</b> American Psychiatric Association. (2013). <i>Diagnostic and statistical manual of mental disorders</i> (5th ed.). Washington, DC: Author.  <b>Specific entry:</b> American Psychiatric Association. (2013). Cautionary statement for forensic use of <i>DSM-5</i> . In <i>Diagnostic and statistical manual of mental disorders</i> (5th ed.). Washington, DC: Author.	<b>Entire text:</b> (American Psychiatric Association, 2013)  <b>Specific entry:</b> (American Psychiatric Association, 2013)
<b>Criminal Code</b>	<i>Criminal Code</i> , RSC 1985, c C-46.	<i>(Criminal Code, 1985, s 318)</i>
<b>DVD or Video</b> <b>(p. 210, #49)</b>	DiCaprio, L. (Producer), & Petersen, L. C. (Writer/Director). (2008). <i>The 11<sup>th</sup> hour</i> [DVD]. Burbank, CA: Warner Bros. Entertainment.	(DiCaprio, 2008)
<b>Online video</b> YouTube <b>(p. 215, #77)</b>	Patel, A. (2008, January 22). <i>Music and the mind</i> [Video file]. Retrieved from <a href="http://www.youtube.com/watch?v=ZgKFeuzGEns">http://www.youtube.com/watch?v=ZgKFeuzGEns</a>	(Patel, 2008)
<b>Streaming Video</b> From a database	Lester, R. (Director). (1964). <i>A hard day's night</i> [Video file]. Retrieved from <a href="http://www.kanopystreaming.com">http://www.kanopystreaming.com</a>	(Lester, 1964)
<b>Blog post</b> <b>(p. 215, #76)</b>	Geist, M. (2016, January 6). The trouble with the TPP, Day 3: Copyright term extension. [Blog post]. Retrieved from <a href="http://www.michaelgeist.ca/2016/01/the-trouble-with-the-tpp-day-3-copyright-term-extension/">http://www.michaelgeist.ca/2016/01/the-trouble-with-the-tpp-day-3-copyright-term-extension/</a>	(Geist, 2016)
<b>Web page</b> <i>(APA Guide to Electronic References, p. 3)</i>  Comments:	World Health Organization. (2016, October). From a warehouse in Dubai to a hospital in Haiti: a journey of lifesaving supplies. Retrieved from <a href="http://who.int/features/2016/lifesaving-supplies-haiti/en/">http://who.int/features/2016/lifesaving-supplies-haiti/en/</a>  <ul style="list-style-type: none"> <li>• If there is no author, move the title of the webpage to the author position</li> <li>• If there is no clear date of publication, use n.d. in place of a date</li> </ul>	(World Health Organization, 2016)

## CITATIONS IN TEXT

### 1. One work by one author

- Author's name given in the body of your paper:
  - Manouselis (2008) reported...
- Author's name not given in the body of your paper:
  - In a study on the use of online recommendation services (Manouselis, 2008)...

### 2. One work by two authors

- ...as described in Rasmusson and Friedman's study on gender issues in PTSD (2002).
- A study on gender issues in PTSD (Rasmusson & Friedman, 2002) shows...

### 3. One work by three, four, or five authors

- First time cited in your paper:
  - Davis, Lee, & Yi (2009) found that...
  - A study of the factors affecting new technology adoption (Davis, Lee, & Yi, 2009)...
- Subsequent citations:
  - Davis et al. (2009) found that...
  - A study of technology acceptance (Davis et al., 2009)...

### 4. One work by six or more authors

- Wolchik et al. (2000) studied children...
- In a study of children of divorced parents (Wolchik et al., 2000)...

### 5. Two or more works by the same author named in the same reference

- Past research (Statistics Canada, 2006a, 2006b) has shown...

### 6. Two or more works by different authors named in the same reference

- Past research (Heschl, 2001; Noonan & Johnson, 2002; Wolchik et al., 2000) has shown...

### 7. Citing a secondary source (also known as an indirect source)

- In Smith's 1998 study (as cited in Rasmusson & Friedman, 2002)...
- Experimental research (Smith, 1998, as cited in Rasmusson & Friedman, 2002) has shown ...
  - Do not include Smith (1998) in the reference list. Do include Rasmusson & Friedman (2002).

### 8. Direct quotations

- When citing direct quotations, include the page number of the quote.
  - Stereotypes have been defined as "generalized and usually value-laden impressions that one social group uses in characterizing members of another group" (Lindgren, 2001, p. 1617).

### 9. Direct quotations in electronic sources without page numbers

- Use the paragraph number, preceded by the abbreviation para. If the paragraph number is not visible, cite the heading of the section being quoted and the paragraph number following it.
  - (Hutson, 2009, para. 5).
  - (Shors & Horvath, 2001, Conclusions and Future Directions, para. 3).

### 10. Personal communications (letters, phone calls, interviews, e-mail messages, etc.)

- Do not include personal communications in the reference list. Cite them in text only.
  - L. Coates (personal communication, December 16, 2008) stated that...
  - According to the department chair (L. Coates, personal communication, December 16, 2008)...

## SAMPLE REFERENCE LIST

- American Psychological Association. (2009). *Publication manual of the American Psychological Association* (6<sup>th</sup> ed.). Washington, DC: Author.
- Cohen, T. R. (2010). Conflict resolution. In *Corsini encyclopedia of psychology*.  
<http://doi.org/10.1002/9780470479216.corpsy0219>
- Crystal, J. D., & Foote, A. L. (2009). Metacognition in animals. *Comparative Cognition & Behavior Reviews*, 4, 1-16. Retrieved from <http://psyc.queensu.ca/ccbr>
- Geist, M. (2016, January 6). The trouble with the TPP, Day 3: Copyright term extension. [Blog post]. Retrieved from <http://www.michaelgeist.ca/2016/01/the-trouble-with-the-tpp-day-3-copyright-term-extension/>
- Heschl, A. (2001). *The intelligent genome: On the origin of the human mind by mutation and selection*. New York, NY: Springer-Verlag.
- Lavoie, M.-P., Lam, R. W., Bouchard, G., Sasseville, A., Charron, M.-C., Gagné, A.-M., ... Hébert, M. (2009). Evidence of a biological effect of light therapy on the retina of patients with seasonal affective disorder. *Biological Psychiatry*, 66, 253-258. <http://doi.org/10.1016/j.biopsych.2008.11.020>
- Noonan, J. R., & Johnson, R. K. (2002). The misuse of the diagnosis of bipolar disorder in the forensic context. *American Journal of Forensic Psychology*, 20(3), 5-19.
- R. v. Latimer* (2001), SCJ no 1 (QL).
- Rasmusson, A. M., & Friedman, M. J. (2002). Gender issues in the neurobiology of PTSD. In R. Kimerling, P. Ouimette, & J. Wolfe (Eds.), *Gender and PTSD* (pp. 43-75). New York, NY: The Guilford Press.
- Scientists say music manipulates shoppers. (2000, September 14). *The Ottawa Citizen*, pp. A1, A20.
- Statistics Canada. (2010). *Labour force information* (Catalogue no. 71-001-X). Retrieved from <http://www.statcan.gc.ca/pub/71-001-x/71-001-x2010006-eng.pdf>
- Statistics Canada. (2015). The impact of mental health problems on family members. (Catalogue no. 82-624-X). Ottawa, ON: